



NEW ENGLAND
PREMIERSHIP



VALEO FUTBOL

Club Program



TRAINING.
COMPETITION.
EXCELLENCE.





OUR MISSION

Valeo Futbol Club is a registered 501(c) (3) non-profit sports education and training organization focused on developing competitive athletes, outstanding citizens and strong leaders.



Soccer Development

- › To develop young soccer talent capable of playing collegiate, professional and International football.
- › To provide a challenging and rewarding environment that teaches the virtues of Teamwork, Discipline, Hard Work, Commitment, Respect and Leadership.
- › To provide opportunities for talented to help them realize their full potential.
- › To create a world class training academy capable of competing and excelling at the National and International levels.



Community Development

- › To increase access and opportunities in sports participation regardless of socio-economic status.
- › To encourage academic excellence for all players.
- › To provide health and wellness education and support
- › To create volunteering, leadership and community development initiatives.





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SOCCER IS A METAPHOR FOR LIFE!

VALEO FUTBOL CLUB IS A SPORTS EDUCATION AND TRAINING ORGANIZATION FOCUSED ON DEVELOPING:

- Strong leaders
- Outstanding citizens
- Competitive athletes

THE CLUB PROVIDES A CHALLENGING AND REWARDING ENVIRONMENT THAT TEACHES THE VIRTUES OF

- Teamwork
- Discipline
- Work Ethic
- Commitment
- Respect
- Leadership



EDUCATIONAL, SOCIAL, AND ATHLETIC OPPORTUNITIES FOR EXCEPTIONAL STUDENT ATHLETES.





WHY VALEO?



Focused on player development



Dedicated staff - Low player (8:1) to coach ratio



Regional/ National/ International competition



Challenging environment for elite players



Rigorous yet fun training environment



Facilities to support ambitious training schedule



Proven Player Pathway to Collegiate, National Team & Professional Level



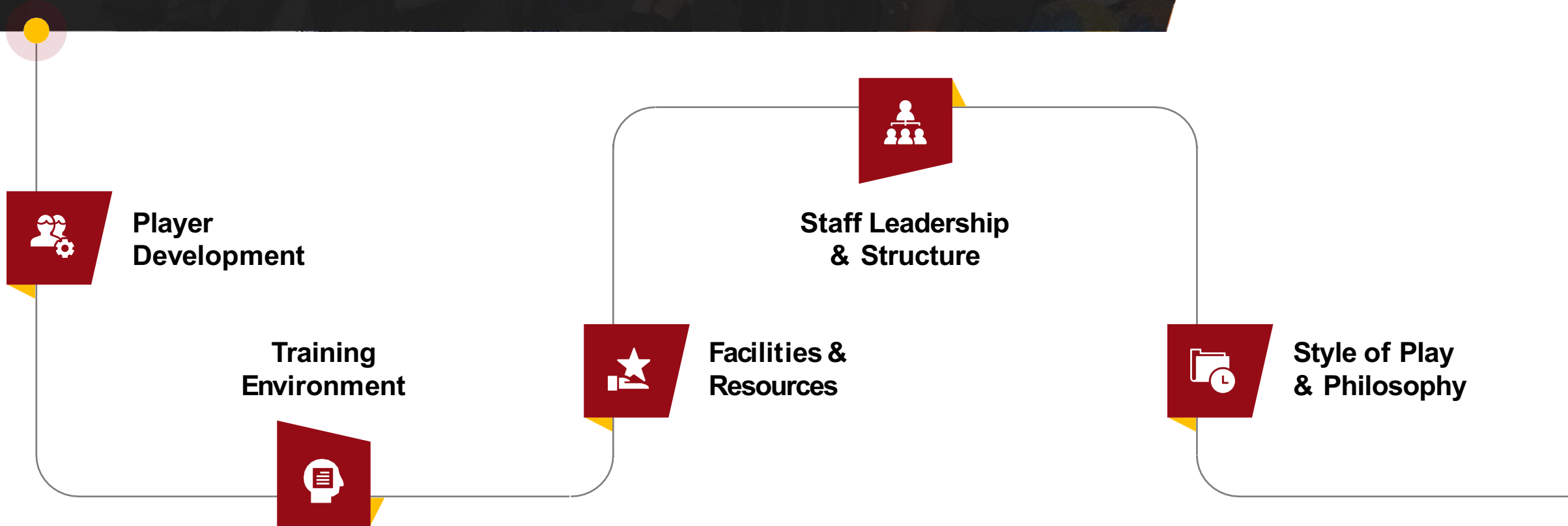
Recognized player development model



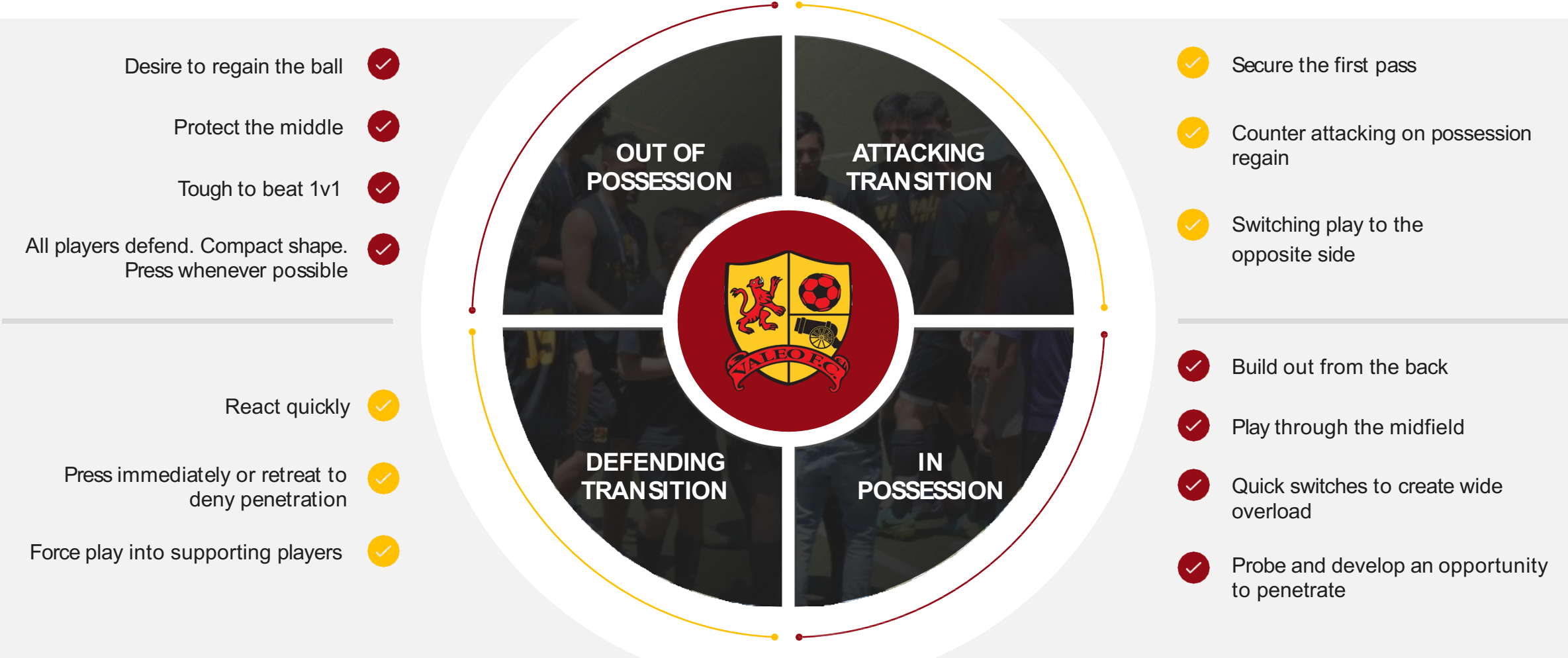


VALEO FC

Key Performance Categories



TEAM DEVELOPMENT PRIORITIES



VALEO's PLAYER PROFILE



Psychological

- Love of Competition
- Respect For The game
- Committed To The Team
- Unshakeable Confidence
- Accountability



Technically Proficient

- Exceptional Ball Mastery skills.
- Creative Passing / Pass with imagination.



Physical

- Compete for Full Game at optimal physical level.



Tactically Intelligent

- Aggressive Offensively
- Disciplined & Patient Defensively
- Decision Maker on the Field
- Play Freely Without Fear.

EQUAL BLEND OF “ARTIST” AND “SOLDIER”



PLAYER DEVELOPMENT MODEL



Player Development Plan



Player Development Plan is customized and specific to each individual player

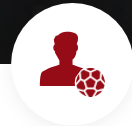


Provides a roadmap in development



Players

- Drive the conversation
- Dreams, goals and personal development objectives are stated and documented by players



Coaches

- Steer the development conversation
- Meets with players multiple times per year
- Guide the IDP process



Parents

- Observe
- Listen
- Learn how to support players at home



Coaches Commitment to Players



Meet 3x with the team per season:

- ✓ Start of the season = set expectations
- ✓ Middle of the season = assess progress
- ✓ End of the season = evaluation and future goals



Player Evaluations:

- ✓ 2 face to face meetings with Coaches and Directors
- ✓ Meeting 1 = Fall (assessment)
- ✓ Meeting 2 = Spring (evaluation)



Management of Development Plans

- ✓ Specific to individual player
- ✓ Provides a roadmap in development
- ✓ Guides a development conversation

PLAYER'S DEVELOPMENT PYRAMID



ZONE 3

U18 & UP

- 1 coach per 9 players for practices
- Technical & tactically based curriculum
- Individual skills focus / encourage 1v1 duals
- Result driven

ZONE 2

U13-U17

- 1 coach per 8 players for practices
- Player's skilled based curriculum
- Introductions of tactical aspects
- Individual skills focus / encourage 1v1 duals
- Introduction of competition
- Player's development precedes team performance

ZONE 1

U6-U12

- 1 coach per 6 players for practices
- Technically based curriculum
- Individual skills focus / encourage 1v1 duals
- Player's development proceeds team performance



VALEO PLAYER LEAGUE PROGRESSION



Ancillary Training Academy

Private Training – Training program is customized and specific to each individual player

Positional Training Academy – Improve the understanding at skill-based positions



Position Training

- Individual Training
- Semi-Private Training
- Group Training



Position Training

- Striker Academy
- Midfield Academy
- Goalkeeper Academy



Performance Academy

- Speed Training
- Strength Training
- Injury Prevention



Ancillary Training Opportunities

Private Training



Semi-Private Training



Performance Academy



Striker Academy



Midfield Maestro Academy



Goalkeeper Academy



Futsal Academy



2021/22 PLAYING OPPORTUNITY



NATIONAL COMPETITION TEAMS (U12 – U23)

- ✓ NPL National League Play
- ✓ MLS NEXT League Play
- ✓ National Tournament Play.
- ✓ Jefferson Cup, Disney Showcase. etc

REGIONAL COMPETITION TEAMS (U11-U23)

- ✓ MLS NEXT League Play
- ✓ Regional league Play NPL
- ✓ Regional Tournament Play
- ✓ Regional League Play NEP

INTERNATIONAL COMPETITION TEAMS (U12-U23)

- ✓ Iber Cup (Portugal)
- ✓ MIC Cup (Spain)
- ✓ International Tournament Play
- ✓ Donasti Cup



TRAINING PROGRAM COSTS

JR. ACADEMY

 **Ages** 2013 – 2011

 **Dates** Aug - Jun

- 1 Training Session per week (Fall and Spring)
- 1 Winter Training session per week
- 1 Game Per week
- Free Summer Training
- 1 week Summer Preseason
- 1 Tournament
- 1 Festival

10 MONHS

CLUB ADVANCED

 **Ages** 2013 – 2008

 **Dates** Aug - Jun

- 2 Training Sessions per week (Fall and Spring)
- 1 Winter training session per week
- 1 Game Per week
- Free Summer Training
- 1 Week Summer Preseason
- 2 Tournaments
- 2 Video Analysis Sessions

10 MONTHS

CLUB ELITE

 **Ages** 2013 – 2008

 **Dates** Aug - Jun

- 3 Training Sessions per week (2 team & 1 Skills Academy Training) (Fall and Spring)
- 2 Winter training session per week
- 1 Game Per week
- Free Summer Training
- 2 Weeks Summer Preseason
- 2 Tournaments
- 4 Video Analysis Sessions

10 MONTHS

HIGH SCHOOL

 **Ages** 2007 – 2003

 **Dates** Nov - Jun

- 2 Training Sessions per week
- 2 Winter training
- 1 Game Per week
- Free Summer Training
- 3 Tournays/ Showcases
- Sports Recruits College Planning Subscription
- Video Analysis Subscription
- 4 Video Analysis Sessions
- 1 College Combine

8 MONTHS

HIGH SCHOOL NPL

 **Ages** 2007 – 2003

 **Dates** Nov - Jun

- 3 Training Sessions per week
- 2 Winter training
- 1 Game Per week
- Free Summer Training
- 3 Tournays/ Showcases
- Sports Recruits College Planning Subscription
- Video Analysis Subscription
- 4 Video Analysis Sessions
- 2 College Combines

8 MONTHS





SCHEDULE (EXAMPLES)

Not Actual

SCHEDULE

JUNIOR ACADEMY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00PM – 6:30pm	Team Training Group #1	Rest	Team Training Group #2	Rest	Rest	Rest	Game Day
6:30PM – 8:00PM							

CLUB ADVANCED

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00PM – 6:30pm	Team Training	Rest	Team Training	Rest	Rest	Not Applicable	Game Day
6:30PM – 8:00PM							

CLUB ELITE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00PM – 6:30pm	Rest	Team Training	Rest	Team Training	Rest	Skills Academy or	Game Day
6:30PM – 8:00PM						Performance	



CONCLUSION

